



**Therapeutic Riding and Equine Assisted Activities
for Children and Adults**

Rider Application Packet

Please read, complete, sign, and return the following forms 4 weeks prior to your first lesson.

- Participant Liability Release
- General Information
- Mental Health Data Form (if applicable)
- Therapeutic and Safety Issues
- Participant's Consent for Release of Information
- Authorization for Emergency Medical Treatment
- Physicians Statement and Medical History. Must be completed and signed by physician.

It would be very helpful if you could send a copy of current IEP and therapy reports from your child's school or private therapist. Pony Power makes a concerted effort to coordinate and generalize our goals and objectives.

Please note that all riders must complete a new packet annually.



PARTICIPANT LIABILITY RELEASE

Name: _____

Street Address: _____ City: _____

State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email: _____

If Student, name of school: _____

_____ (Rider's name) would like to participate in the Pony Power Therapies, Inc. program. I acknowledge the risks and potential for risks of horseback riding. However, I feel that the possible benefits to my self, my son, my daughter, my ward are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against Pony Power Therapies, Inc., its Board of directors, instructors, therapists, volunteers and/or employees for any and all injuries and/or losses I may sustain while participating in Pony Power Therapies, Inc.

Date: _____

Name (Print): _____

Signature: _____ (Client [over 18], Parent or Guardian)



AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Please select one:

Participant Staff Volunteer

Name _____ DOB _____ Phone _____
 Street Address: _____ City: _____ State: _____ Zip: _____
 Physicians Name _____ Phone # _____
 Preferred Medical Facility _____
 Health Insurance Co. _____ Policy # _____
 Allergies to medications _____
 Current Medications _____

In the event of Emergency, contact:

Name _____ Relation _____ Phone _____
 Name _____ Relation _____ Phone _____
 Name _____ Relation _____ Phone _____

In the event emergency medical aid/ treatment are required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize Pony Power to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

Please sign one option:

1. Consent Plan

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Date _____ Signature _____
Client (over 18), Parent or Legal Guardian

2. Non-Consent Plan*

I do not give my consent for emergency medical treatment/and in the case of illness or injury during the process of receiving services or while being on the property of the agency.

Parent or legal guardian will remain on site at all times during equine assisted activities
 In the event emergency treatment/aid is required I wish the following procedure to take place

Date _____ Signature _____
Parent or Legal Guardian

* This option means parent or legal guardian must remain on site during all equine assisted activities.



GENERAL INFORMATION

Participant: _____
 DOB: _____ Age: _____ Height: _____ Weight: _____ Gender: M F
 Street Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ E-mail: _____ Alt. Number: _____
 Employer/School: _____
 Street Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____
 Parent/Legal Guardian: _____
 Address (if different from above): _____
 Phone: _____
 Referral Source: _____
 Phone: _____
 How did you hear about the program? _____

HEALTH HISTORY

Diagnosis _____ Date of Onset _____

Please indicate current or past special needs in the following areas:

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			



GENERAL INFORMATION & HEALTH HISTORY *continued*

What medications are you currently taking, including over-the-counter medications? _____

Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):

Function (i.e. Mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

Social (i.e. Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns, etc.)

Goals (i.e. Why are you applying for participation? What would you like to accomplish?)



THERAPEUTIC AND SAFETY ISSUES

Check and describe applicable issues (indicate current or history of):

- inattention
- hyperactivity
- lack of concentration
- learning disabilities
- developmentally delayed
- mentally challenged
- boundary issues
- social skills problems
- problem with peers
- separation anxiety
- anxiety
- phobias
- aggressive
- assaultive
- manipulative
- unpredictable or dangerous behavior
- sensory impairment
- sensitivity, preferences
- tics or stereotypic behavior
- psychosomatic symptoms
- medical issues
- self-injurious behavior
- suicidal ideations
- history of runaway
- issues of parental support
- issues of family support
- sexual abuse/acting out
- history of physical abuse
- emotional abuse
- hallucinations
- delusions
- illusions
- dissociations
- substance abuse problems
- legal problems
- school problems
- history of animal abuse and/or fire setting
- seizure disorder
- possible medication side effect

PATH Standards & Accreditation Manual

1170 Ramapo Valley Rd ♦ Mahwah, NJ 07430 ♦ 201-934-1001 ♦ 201-934-8891(FAX)
 info@ponypowernj.org ♦ www.ponypowernj.org



PHOTO RELEASE

Please select and sign one of the options below:

I DO

Consent to and authorize the use and reproduction by Pony Power Therapies of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature: _____ Date: _____

Client, Parent or Legal Guardian
Signed in the presence of center staff

I DO NOT

Consent to and authorize the use and reproduction by Pony Power Therapies of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature: _____ Date: _____

Client, Parent or Legal Guardian
Signed in the presence of center staff

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MENTAL HEALTH DATA

Client's Name: _____
 Age: _____ DOB: _____ Sex: _____ Height: _____ Weight: _____
 Parent/Legal Guardian: _____ Phone: (H) _____ (W) _____
 Street Address: _____ City: _____ State: _____ Zip: _____
 Physician: _____ Phone: _____
 Therapist: _____ Phone: _____

Diagnosis (DSM-IV)

Axis I _____
 Axis II _____
 Axis III _____
 Axis IV _____
 Axis V _____

Presenting Problems

Current Medications

Drug	Dose	Route	Time	Purpose
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Psychiatric Treatment History

Where	When	Diagnosis	Current
_____	_____	_____	_____

Therapy Outpatient _____

Therapy Inpatient _____



PARTICIPANT'S CONSENT FOR RELEASE OF INFORMATION

I hereby authorize: _____
(person or facility)

To release information from the records of: _____ DOB: _____

The information is to be released to: _____
(center or therapist's name)

For the purpose of developing a therapeutic riding/equine activity program for the above named participant. The information to be released is marked below.

- ___ Medical History
- ___ Physical Therapy evaluation, assessment and program plan
- ___ Occupational Therapy evaluation, assessment and program plan
- ___ Speech Therapy evaluation, assessment and program plan
- ___ Classroom Individual Education Plan (IEP)
- ___ Psychosocial evaluation, assessment and program plan
- ___ Cognitive behavioral management plan
- ___ Other: _____

Signature: _____ **Date:** _____

Please send materials to: _____



Dear Physician:

Your patient, _____ (participant's name) is interested in participating in supervised equestrian activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

Thank you very much for your assistance, If you have any questions or concerns regarding this patient's participation in therapeutic equine activities, please feel free to contact the center at the address/phone indicated above.

Orthopedic

Atlantoaxial Instability- include neurologic symptoms
 Coxa Arthrosis
 Cranial Deficits
 Heterotopic Ossification/Mositis Ossificans
 Joint subluxation/dislocation
 Osteoporosis
 Pathologic Fractures
 Spinal Fusion/Fixation
 Spinal Instability/Abnormalities

Neurologic

Hydrocephalus/Shunt
 Seizure
 Spina Bifida/Chiari II Malformation/Tethered Cord/Hydromyelia

Other

Age- under 4 years
 Indwelling Catheters
 Medications- i.e. photosensitivity
 Poor Endurance
 Skin Breakdown

Medical/Psychological

Allergies
 Animal Abuse
 Physical/Sexual/Emotional Abuse
 Blood Pressure Control
 Dangerous to self or others
 Exacerbations of medical conditions
 Fire Settings
 Heart Conditions
 Hemophilia
 Medical Instability
 Migraines
 PVD
 Respiratory Compromise
 Recent Surgeries
 Substance Abuse
 Thought Control Disorders
 Weight Control Disorder



PARTICIPANT’S MEDICAL HISTORY AND PHYSICIAN’S STATEMENT

Participant: _____ DOB: _____ Height: _____ Weight: _____
 Street Address: _____ City: _____ State: _____ Zip: _____
 Diagnosis: _____ Date of Onset: _____
 Past/Prospective Surgeries: _____
 Medications: _____
 Seizure Type: _____ Controlled: Y N Date of Last Seizure: _____
 Shunt Present: Y N Date of last revision: _____
 Special Precautions/Needs: _____
 Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N
 Braces/Assistive Devices: _____
 For those with Down Syndrome: AtlantoDens Interval X-rays, date: _____ Result: + --
 Neurologic Symptoms of AtlantoAxial Instability: _____

Please indicate current or past difficulties in the following systems/areas, including surgeries:

	Y	N	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/ Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person’s abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) in the implementations of an effective equestrian program.

Name/Title: _____ MD DO NP PA
 Signature: _____ Date: _____
 Street Address: _____ Phone: () _____
 City: _____ License/UPIN Number: _____
 State: _____ Zip: _____

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