



PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT

Dear Physician:

Your patient, _____ (participant's name) is interested in participating in supervised equestrian activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

Thank you very much for your assistance, If you have any questions or concerns regarding this patient's participation in therapeutic equine activities, please feel free to contact the center at the address/phone indicated below.

Orthopedic

Atlantoaxial Instability- include neurologic symptoms
 Coxa Arthrosis
 Cranial Deficits
 Heterotopic Ossification/Mositis Ossificans
 Joint subluxation/dislocation
 Osteoporosis
 Pathologic Fractures
 Spinal Fusion/Fixation
 Spinal Instability/Abnormalities

Neurologic

Hydrocephalus/Shunt
 Seizure
 Spina Bifida/Chiari II Malformation/Tethered Cord/Hydromyelia

Other

Age- under 4 years
 Indwelling Catheters
 Medications- i.e. photosensitivity
 Poor Endurance
 Skin Breakdown

Medical/Psychological

Allergies
 Animal Abuse
 Physical/Sexual/Emotional Abuse
 Blood Pressure Control
 Dangerous to self or others
 Exacerbations of medical conditions
 Fire Settings
 Heart Conditions
 Hemophilia
 Medical Instability
 Migraines
 PVD
 Respiratory Compromise
 Recent Surgeries
 Substance Abuse
 Thought Control Disorders
 Weight Control Disorder

PATH Standards & Accreditation Manual

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PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT

Participant: _____ DOB: _____ Height: _____ Weight: _____
 Street Address: _____ City: _____ State: _____ Zip: _____
 Diagnosis: _____ Date of Onset: _____
 Past/Prospective Surgeries: _____
 Medications: _____
 Seizure Type: _____ Controlled: Y N Date of Last Seizure: _____
 Shunt Present: Y N Date of last revision: _____
 Special Precautions/Needs: _____
 Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N
 Braces/Assistive Devices: _____
 For those with Down Syndrome: Neurologic Symptoms of AtlantoAxial Instability: _____

Please indicate current or past difficulties in the following systems/areas, including surgeries:

	Y	N	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/ Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications.

Name/Title: _____
 Signature: _____
 Street Address: _____
 City: _____
 State: _____
 Zip: _____

MD DO NP PA
 Date: _____
 Phone: () _____
 License/UPIN Number: _____